Basic Training in Evidence-Based Thought Field Therapy
Online Training

This online class is for Professional Mental Health Therapists (LMFTs, LCSWs, LEPs and RNs) at all skill levels:

After viewing the training videos, practicing the algorithms, and taking a posttest, licensed professionals will be eligible to receive 13 Continuing Education credits: For LMFTs, LCSWs, and LEPs, from The California Association of Marriage and Family Therapists (Approval #051033). or for Registered Nurses, The California Board of Registered Nursing (Approval #CEP-13320). NJ Social Workers: An application has been submitted for 8 clinical credits for this course.

Cost for this online workshop
$249.00
www.thoughtfieldtherapy.net
for more information

Presenter background: Suzanne is trained in Ericksonian Hypnotherapy, Trauma Incident Reduction (TIR), Neurolinguistic Programming (NLP) and Levels EMDR. Suzanne was trained at the Diagnostic level of Thought Field Therapy (TFT) by Dr. Roger Callahan. She has made numerous presentations on Post Traumatic Stress Disorder throughout the United States, and in Kuwait, Rwanda, Japan and Paris, France. Suzanne’s research on TFT and PTSD has been published in peer reviewed professional journals and included in several meta-analyses. Suzanne is currently focusing her attention on training other professionals in the techniques of Thought Field Therapy and doing further research with Thought Field Therapy.

Training Modality: Thought Field Therapy, (TFT) is a treatment technique developed over the past 30 years by clinical psychologist, Dr. Roger Callahan and is a kind of acupressure for psychological problems. TFT resolves psychological problems by directing the client to tap on specific energy points on his/her own body in a specific sequence while thinking about a specific problem. This is done under the guidance of a TFT trained therapist.

By attending the Basic Training in Evidence-Based Thought Field Therapy Online Training You will be able to: 1. Apply the basic Thought Field Therapy (TFT) algorithm for trauma, grief, loss, sadness, anxiety and phobias in therapy situations. 2. Identify the additional treatment spots that can be added to the basic TFT algorithm and describe what specific emotions can be addressed using those spots. 3. Compare the four basic TFT reversal correction techniques and use them when appropriate. 4. Discuss of how TFT can fit into traditional models of therapy. 5. Demonstrate the appropriate use of TFT to address dysfunctional beliefs and issues of self-esteem. 6. Discuss ways that TFT can be used to enhance couples’ therapy. 7. Demonstrate the use of collarbone breathing to correct for neurological disorganization and describe situations that would be appropriate for the use of collarbone breathing.

Grievance Policy: If a grievance, pertaining to the online training should occur, the participant is asked to put their concerns in writing, and if requested, a full refund will be given without further questioning. A full refund will be offered if requested even if the participant does not put their complaint in writing; The refund would be offered and given within one week. In addition, the participant may register any complaints to the approval entity and/or appeal to their licensing Board. Need special accommodation? As an online workshop participant, if you have any special accommodation needs please let us know. Online certificates of completion will be emailed after passing the posttest and completing the online evaluation within 2 business days. Online participants will be responsible for studying the manual (approximately 5 hours) and practicing these techniques at times suggested in the online training course.

For a detailed agenda of this training please see www.thoughtfieldtherapy.net